

Hayfield Student Services News and Notes

Dear Hayfield Students and Families,

The Hayfield Student Services Departments will begin sending regular newsletters through News You Choose in an effort to support you and your student with academics, career/college planning, and overall wellness. In addition, if you have a twitter account, please follow us at @HawkCounseling for regular postings of updates, supports, and information to help you and your students at home. Please also remind your students to check their Google Email (studentID@fcpschools.net) every day!

Erin Crowley, Director of Student Services, 9-12

Timothy Hopkins, Director of Student Services, 7-8

Distance Learning Support Contacts Page

In an effort to streamline who to contact and when, this [Distance Learning Support Contacts Page](#) has been posted to the Hayfield Homepage. It has contact information for Student Services, Administration, and other school supports. In addition, we have created an inbox called HayfieldHelpDesk@fcps.edu that will be monitored M-F 8 am - 4:30 pm.

How do I speak with my counselor or career center specialist?

Your counselors are eager and willing to support your transition to Distance Learning! To contact them and set up a time to “meet,” please send them an email and you will receive a response within one business day. Counselors will be setting up chats via Google Meet (Dial in Option) or Blackboard Collaborate.

From Mr. Joyner, Our Substance Abuse Prevention Specialist

Hello Hayfield community! I hope all of you are staying healthy and well. I wanted to provide some information about vaping and drugs that is relevant to what we are experiencing right now with COVID-19. The World Health Organization (WHO) recently updated their website to include information about smoking/vaping and COVID-19. The WHO states that “smokers are likely to be more vulnerable to COVID-19.” The full statement can be found [here](#). A recent article from CNN Health detailed how vapers may be at increased risk for more serious complications due to COVID-19. It also discusses the concern that use of other drugs specifically opioids and methamphetamine may increase users risk of developing serious complications from COVID-19. The full article can be found [here](#).

Unfortunately, substance use and addiction don't stop for a pandemic. If you need support with your child please feel free to reach out to me at amjoyner@fcps.edu. Additionally, the Community Services Board (CSB) is still providing mental health and substance abuse services. Their information can be found [here](#).

Thank you and remember, stay home and stay safe!! We can get through this TOGETHER!!

Mr. Joyner

Substance Abuse Prevention Specialist

Hayfield Secondary School

amjoyner@fcps.edu

FCPS 2020 Mental Wellness Consultation Service

With the governor's order that Virginia schools remain closed as a result of the COVID-19 pandemic, FCPS has resources available to meet the academic, social, and emotional needs of students.

Any FCPS parent may schedule a 30-minute phone consultation with a school psychologist or school social worker, for either themselves or their middle or high school student. This consultation provides an opportunity for parents to receive guidance on how to support their student's emotional well-being during their time away from school. Student consultations will provide support and strategies to students who may be experiencing difficulties with anxiety, mood, behavior, or peer or family interactions during this unprecedented and challenging time. Information about community resources will also be made available. To schedule a phone consultation, parents should click the following link:

<https://forms.gle/WKchwGnv4LkezQwG8>.

This service is not intended for mental health emergencies. If an emergency is suspected or indicated, please call 911. Additionally, students and families can access mental health support if there is a crisis of emergency during the time of the closure.

FCPS To Host the Interview Tips & Tricks with Amazon Web Services (AWS) Blackboard Collaborate Session

This is an opportunity for high school seniors interested in learning about a unique work-based learning (WBL) summer program offered by Amazon Web Services (AWS). The program consists of on-the-job training during a 12-week time period, where trainees will work in data centers. No prior work experience is required, as all relevant training will be provided during the program. There is a Blackboard Collaborate virtual event for interested students on Tuesday,

April 21, 2020, from 5:00-7:00 p.m. to learn about interviewing techniques, resume tips, and hear first-hand what AWS recruiters are looking for during the application and the interview process. A [page](#) has been created to include all information pertaining to the AWS summer program and an RSVP link required for participation in the virtual event. Interested students are encouraged to sign up for the virtual event and must be 18 years old when applying for any of the available positions.

National Association for College Admissions Counseling

NACAC has a new tool on their website that serves as a central resource for information about changes in college admission events, deposit dates, and more as a result of the coronavirus outbreak. Nearly 900 institutions have submitted updates using this [tool](#). It is also advised that you and your students check the college's webpage directly for additional information.

College Entrance / Career Testing Updates

As of right now, the SAT, ACT, and ASVAB tests in FCPS have been cancelled through June 2020. No decision has been made on the July ACT at this time. Additional information will be sent out as soon as received! Juniors- many colleges have announced that they will be test optional next year. See the full list at www.fairtest.org or consult the admissions website of your prospective colleges.

Virtual College Exploration Week for Juniors: April 20-23

Join 300+ colleges and universities from the US and around the world in four full days of virtual presentations for juniors to explore college opportunities. Sessions are scheduled throughout the day and evening, to accommodate distance learning class time. For complete details and to register, visit: <https://www.strivescan.com/virtual/>.