

Hayfield Student Services News and Notes - April 23

Resources for Seniors

The FCPS College Success Program has worked collaboratively with schools and the entire Counseling and College and Career Readiness office to bring together a collection of postsecondary resources for seniors.

[Class of 2020 Next Steps](#)

The Google site (linked above) will help to kick off a three-step campaign to aid the Class of 2020 with their transition from high school:

- **Step 1: Solidify your plan:** Students are encouraged to use this time, their school counselor, Career Center specialist, and all FCPS resources to finalize their postsecondary plan.
- **Step 2: Document your plan:** Students are encouraged to complete the senior survey. Details will be e-mailed to seniors and their families on May 1.
- **Step 3: Celebrate your plan:** Starting May 1, 2020, FCPS will kick off a social media campaign with #CelebrateYourPlan. Hayfield students are encouraged to share their plans for life after high school with #HayfieldDecisionDay. We look forward to celebrating with you

College Planning Night Presentation

FCPS has partnered with Justice High School to record their recent Junior College Information Presentation (Hayfield's was this past January). Speakers included many of the same that spoke at Hayfield including Luis Portillo (University of Delaware), Corinne House (NOVA), and Marian Kendrick (College Access Fairfax) as presenters. Here is the recording – [College Planning Night](#).

Virtual Military Service Academy Day

The Office of Congresswoman Jennifer Wexton in Virginia's 10th Congressional District would like to invite all high school students that have interest in attending any of the five United States Service Academies, or have an interest in a future in the US military, to participate in the 2020 VA-10 Virtual Academy Day, to be held this Saturday April 25th, from 9:30am-11:30am on Facebook Live at: www.facebook.com/CongresswomanWexton. This will be an outstanding opportunity for students to hear from staff and alumni from the four nomination required academies (USNA, USMA, USAFA, and USMMA) as well

as the Coast Guard Academy and more. While Hayfield is not in the VA 10th district, the information about the academies is still relevant to our students. Contact: Anthony.barnes@mail.house.gov or 202-380-6362.

EXTENDED! Virtual College Exploration Week for Juniors: April 20- *May 8*

Join 450+ colleges and universities from the US and around the world in four days THREE WEEKS of virtual presentations for juniors to explore college opportunities. Sessions are scheduled throughout the day and evening, to accommodate distance learning class time. For complete details and to register, visit: <https://www.strivescan.com/virtual/>.

“Advertisement of this opportunity does not constitute sponsorship or endorsement of the sponsoring organization or the enrichment opportunity by the Fairfax County School Board, the Superintendent, or a specific FCPS school. This opportunity utilizes Zoom, an online technology video and web conferencing tool that has not been approved for use in FCPS by the FCPS Department of Information Technology. Numerous outside organizations are utilizing Zoom to provide services and resources to students and families during the COVID-19 pandemic. Students should gain permission from their parent or guardian before engaging in any non-FCPS enrichment opportunity and families should review and agree to the Terms of Service and User Agreements for Zoom before participating.”

NCAA makes adjustments to NCAA Eligibility Center COVID-19 Response FAQs

Student athletes- the NCAA Eligibility Center has partnered with the NCAA membership to make adjustments to the initial-eligibility certification process. Today they have released updates to their procedures and policies. This information can be located at the following link on the NCAA website. http://fs.ncaa.org/Docs/eligibility_center/COVID-19_Public.pdf

Wellness Resources for Families

Numerous resources have been developed to support families, including the Healthy Minds Blog, Student Voice videos, and a Learning from Home webpage for families. These links are captured on a one-pager that also includes language to share with families regarding school-based social emotional learning and wellness resources during distance learning and is available at the following link: [Social-Emotional and Wellness Resources for Families](#).

Military Family Resource Guide

If you are trying to reconnect with the Military and Family Life Counselor at Hayfield Secondary School you can email Ms. Aaron to schedule a virtual appointment (email will only be used for scheduling purposes) Searon@fcps.edu or Parents/Guardians can call during school hours (571) 407-0282.

Resources appropriate for Military Families if needing Crisis Phone Numbers for Fort Belvoir and also non emergency numbers:

- Crisis Phone Numbers Fort Belvoir
 - Fire / Police/ Medical Emergency:
 - Off Post Emergency: 911
 - On Post Fire Emergency: (703) 781-1800
 - On Post Police Emergency: (703)-806-3104/3105
 - Emergency Room: (571) 231-3162
- SUICIDE (Prevention)
 - National Suicide Prevention Lifeline: (800) 273-8255
 - Veterans Crisis Line: (800) 273-8255 Press 1
- ASSAULT (Sexual)
 - Installation SHARP Hotline: (703) 740-7029
 - DoD Safe Helpline: (877) 995-5247
- ABUSE (Family)
 - National Domestic/Partner Violence: (800) 799-7233 | (800) 787-3224 (TTY)
 - National Teen Dating Abuse: (866) 331-9474 | (866) 331-8453 (TTY)
 - National Child Abuse: (800) 422-4453
- NON-EMERGENCY NUMBERS FOR FT BELVOIR
 - Military Police: (703) 806-4277
 - Fire Protection & Safety: (703) 806-6911
 - Duty Officer: (703) 805-4002 (after hours/weekends)
 - Behavioral Health: (800) 404-4506
 - Chaplain Office: (703) 806-3006

Other resources for military families:

- **Military One Source:** Provides counseling & other resources (virtually). Call 1-800-342-9647 to set up an account and visit <https://www.militaryonesource.mil/>.
- **Tutor.com** offers free tutoring for military families. View this video for how to set up your military tutor account: <https://youtu.be/jBhJwYzM0hU>.

Follow [@HawkCounseling](#) on Twitter for support and info on self care, classes, college, careers, & more!