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## Student Services Newsletter - January 9, 2021

### Support for Parents Concerned About Their Child's Mental Health

Ongoing challenges of COVID-19 and school closures continue to have a significant impact on children's mental health. As an example, [according to the CDC](#), from April to October 2020, the proportion of mental health-related emergency room visits for children aged 5-11 and 12-17 years increased approximately 24% and 31%, respectively, compared with 2019.

[This one-pager \(https://bit.ly/38k8Xyz\)](https://bit.ly/38k8Xyz) from Healthy Minds Fairfax provides easy-to-digest information about when and how to get help.

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### TJHSST Admissions Update (Current 8th Grade)

Thomas Jefferson High School for Science and Technology has posted an update to their website calendar, <https://www.fcps.edu/registration/thomas-jefferson-high-school-science-and-technology-admissions/freshman-winter> announcing the Application Window for current 8th graders will begin on **February 1st at 8:00 am and close on February 26th at 4:00 pm**. For questions, contact Ms. Brussel, Hayfield Middle School Counselor at [arbrussel@fcps.edu](mailto:arbrussel@fcps.edu)

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### \*New\* Curriculum Fair Video Sites Published

Due to our virtual environment and increasing need for OnDemand information opportunities, we have developed a video library to supplement the Course Selection Sheets and Course Catalogue descriptions. Our wonderful teachers have produced introduction videos to many of our courses to give students an

overview about prospective courses. These videos, along with updated links to the FCPS Course Catalogue and our Course Selection Sheets, can be found here: [HS Course Selections/Academic Advising](#) (Rising Grades 9-12) and [MS Course Selections/Academic Advising](#) (Rising Grades 7-8).

## Curriculum Night Town Hall Q&A - January 12 (6-7 PM MS, 7-8 PM HS)

Parents/Guardians are invited to attend Hayfield Curriculum Town Hall Q&A on Tuesday, January 12. This will be an opportunity for parents to ask general questions about courses from our subject administrators, department chairs, and select teachers. For the first 10 minutes there will be a brief overview about the format and parents will be able to virtually drop into any department's BCU link that they wish for the remainder of the hour. This is intended to supplement the Course Selection Videos, Catalogue, and other resources. A resource point of contact list will also be shared should parents have follow up questions about 2021-2022 course offerings. ***The BCU Links to this event will be shared by 4 pm on January 12 via Enotify***

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## Exploring Post-Secondary Options through the College & Career Center: A Webinar for Students and Their Families

Preparing for life after high school requires research, exploration, and planning. Student success is individualized based on achieving goals and determining the best fit and match in postsecondary planning. Discover a student's potential by exploring options now!

This webinar will focus on:

- Higher Education Options
- Financing Your Plans
- Apprenticeships
- Military Opportunities (Enlistment vs. ROTC)
- Testing (SAT/ACT)
- Gap Year Experiences

Join Tisa Frederick and Carla Shaw, FCPS College and Career Specialists for this important webinar.

Thursday, January 14, 2021 6:30-8 p.m.

**Pre-registration is required:** [Register for Exploring Post-Secondary Options through the College & Career Center: A Webinar for Students and Their Families](#)

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## Career Options with a High School Diploma

Students and parents are invited to learn more about career programs (apprenticeship, Year Up, trade and technical options) as an option for post-high school training. This virtual event is open to all grade levels, but will be most relevant to juniors and seniors.

Thursday, January 14, 2021 6:30-8 p.m. **Pre-registration is NOT required-** use this link to join the live meeting: [meet.google.com/xcw-tunb-wvo](https://meet.google.com/xcw-tunb-wvo).

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## Alfred Street Baptist Church Historically Black Colleges and Universities Fair

Please save the date for Alfred Street Baptist Church's 19th Annual Historically Black Colleges and Universities Festival. This virtual event will be held on Saturday, February 20, 2021. We will share additional information about registration soon.

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## Edison H.S. 11th Annual Historically Black Colleges and Universities Fair

Please save the date for Edison's 11th Annual Historically Black Colleges and Universities Fair. This virtual event will be held on Monday, February 22, 2021 from 9am -3:30pm

Colleges are still signing up, and some details are still being finalized. Please see <https://sites.google.com/fcpsschools.net/ehshbcu2021/home> for a running list of participants and more information. (Please note, you must be logged on to your FCPS Google Account to access the site.) Each college will present for 10 minutes on one main event link. More information will be posted soon.

We hope to "see" you there!

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Attendance: 703-924-7419 | Web | Twitter