Hayfield Secondary School





Hayfield Student Services Newsletter 1/31/23

FCPS Gap Year Fair

FCPS School Counseling Services and <u>Go Overseas</u> are co-hosting the annual <u>FCPS Gap Year Fair</u> on **Wednesday**, **February 1**, **2023**, **at West Springfield High School from 6:30 to 9:00 p.m.** This event is for high school students and parents who are interested in learning more about the growing array of gap year opportunities.

The evening will begin with a presentation in the auditorium from 6:30 to 7:15 p.m., by Julia Rogers, Founder of EnRoute Consulting and Gap Year Association Board President. Immediately following, the program fair will be in the cafeteria from 7:15 to 9:00 p.m., with representatives from over 40 programs offering gap year opportunities. Students and their families are invited to meet the representatives and learn about the variety of experiences available.

Students are encouraged to pre-register for this event.

For more information, visit <u>USA Gap Year Fairs</u> or <u>FCPS Gap Year Fair</u>, or contact Pamela White, Special Projects Liaison, at <u>pcwhite@fcps.edu</u> or 571-423-4431.

2023 FCPS Gap Year Fair Flier

**In the event of inclement weather on Wednesday, February 1, 2023. The Gap Year Fair will be held on Thursday, February 2, 2023, at Thomas Jefferson High School for Science and Technology from 6:30 to 9:00 p.m.

FCPS Academy Open Houses

A high school academy is a center within an existing high school that offers advanced technical and specialized courses that successfully integrate career and academic preparation.

Enrollments in the Academy elective course offerings will provide students with career and academic preparation for postsecondary education and/or career fields. Students enrolling in Academy elective courses will be provided with opportunities to participate in a variety of career experiences including shadowing, mentoring, and/or internships with local businesses.

Students and their families are encouraged to learn more about the opportunities available in FCPS Academy courses at their upcoming open houses in January and February.

Instruction 2 Industry: A career expo for high school students (HS)

During the week of February 13-16, 2023, the Northern Virginia Chamber of Commerce and school divisions across the region, are hosting a Career Fair with panel discussions. Industry experts, in multiple fields, will be speaking on their professional journeys and providing valuable insight into how to achieve your own success. A virtual, but live, event, Instruction 2 Industry, is free to all Northern Virginia high school students.

For more information about the schedule and to register for the event, visit the Instruction 2 Industry Event Page.

Camp Corral Summer Camp for Children of Wounded, III, or Injured Military/Veteran Service Members (ES, MS, HS)

Over the last 12 years, Camp Corral has served more than 30,000 military-connected children from across the country. Our one-of-a-kind program is tailored to address the most common needs and concerns of military children to include finding peer connections, creating support systems, building confidence, and learning coping skills. Children who participate in our programs experience adventure, test their limits, challenge their fears, celebrate their accomplishments, and make life affirming friendships that assure them they are not alone.

Camp Corral is open to children ages 8-15 who have a guardian that is a wounded, ill or injured military/veteran. This is a one-week summer camp that is NO COST to the families.

More information can be found at https://www.campcorral.org/ and on the program flier.

Registration opened on January 18th and applications are accepted on a first come/first serve basis.

What Should I Do Before My Child Grows Up? Future Planning for Elementary and Middle School Students with Disabilities (ES, MS)

It's never too early or too late to start preparing for your future. We want to help you start planning for a successful transition from school to life as a young adult. Ensuring postsecondary success of our students with disabilities is dependent on what is known as transition planning. Please join CTS and other support service personnel for an evening focused on planning for the future. You will have the opportunity to meet and ask questions of representatives from CTS programs and services for students with disabilities, short- and long-term postsecondary supports, employment and postsecondary education considerations, and Supported Decision Making, and student self-determination as an evidence-based predictor of post school success. This event also includes a student/parent panel where members describe their firsthand experiences as they navigated Fairfax County Public Schools and planning for their child's future. A questions/answer session will follow.

Wednesday, February 15, 2023

Luther Jackson Middle School, 6:30 - 8:30 p.m.

What Should I do Before My Child Grows Up?

What Should I do Before My Child Grows Up? - Arabic

What Should I do Before My Child Grows Up? - Chinese

What Should I do Before My Child Grows Up? - Korean

What Should I do Before My Child Grows Up? - Spanish

What Should I do Before My Child Grows Up? - Urdu

What Should I do Before My Child Grows Up? - Vietnamese

Eating Disorders Information for Parents

Eating disorders are serious but treatable mental and physical illnesses that can affect people of all genders, ages, races, religions, ethnicities, sexual orientations, body shapes, and weights. While no one knows for sure what causes eating disorders, a growing consensus suggests that it is a range of

biological, psychological, and sociocultural factors. Eating disorders are not fads or phases, and can have serious consequences for health, productivity, and relationships.

In collaboration with the Fairfax County Health Department, FCPS has developed a webpage with detailed information and resources to be provided to parents and guardians of Fairfax County Public Schools. This information may be found at the following link:

https://www.fcps.edu/node/37440

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