



News You Choose

## Student Services Newsletter November 12, 2020

Fairfax County Public Schools sent this bulletin at 11/12/2020 05:00 PM EST

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Hayfield Secondary School



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### Family Resources for Medical Navigation

Families may require additional assistance during the COVID-19 pandemic. The following resource information can be shared with any family who may require health care assistance.

Information regarding [Low Cost Healthcare Resources](#) and [Fairfax County Neighborhood Resources](#) can be found at the following link under *Preventative and Protective Measures*:

<http://fcpsnet.fcps.edu/ssse/healthinfo/index.shtm> (Must be on an FCPS network to access.)

### November is Family Engagement Month in Virginia

The Virginia Board of Education and the Virginia Department of Education recognize November 2020 as Family Engagement Month. Research on family engagement suggests that when schools, families, and communities support each other, students of all backgrounds and ability levels achieve at the highest levels. The importance of parental and family support is highlighted

during the month of November as we celebrate and strengthen family-school partnerships together.

- [FCPS Family Engagement Resources Website](#)
- [FCPS Parent Resource Center Workshops](#)

## From Mr. Joyner, Substance Abuse Prevention Specialist

Is it November already? Time flies when...well, you know the rest!

Here is some timely info that may be of interest to you!

### **2019-20 Fairfax Youth Survey Results – Vaping Declines**

Vaping (e-cigarette use) has been a national teenage problem for several years. While the national rates of vaping continue to move in an upward direction, according to the most recent results of the Fairfax County Youth Survey, vaping has declined locally in the past year.

The number of Fairfax County teens who say they have vaped within their lifetime [dropped](#) from 28% in 2018 to 25% in 2019, according to the survey, which is given annually to Fairfax County Public Schools students in sixth, eighth, 10th, and 12th grades.

The results indicate that prevention education and other initiative are having a positive effect. While we are making progress, we still have much work to do. Keep reading for a new initiative that aims to help the students already involved in vaping.

### **Vape-Free Fairfax Text Message Support Program**

*DO YOU OR SOMEONE YOU KNOW NEED HELP TO STOP VAPING?*

**This is Quitting** offers text messages for teens and young adults that provide support throughout the quit process. This is Quitting is easy to use, free and anonymous.

Here's how This is Quitting can help:

- Set a quit date and receive up to 12 weeks of tailored daily text messages.
- Get 24/7 on-demand support for cravings, stress, relapse, or requests for more messages.

Sign up now: **Text VapeFreeFFX to 88709**

Substance abuse can still happen during virtual learning. If you need support with your child please feel free to reach out to me at [amjoyner@fcps.edu](mailto:amjoyner@fcps.edu) and we can discuss options that may be of help to you and your family. Additionally, the Community Services Board (CSB) is still providing

general mental health and substance abuse services. Their information can be found by clicking [HERE](#).

For general questions about the FCPS Substance Abuse Prevention Program, please contact the Office of Student Safety & Wellness: (571) 423-4270.

Mr. Joyner

Substance Abuse Prevention Specialist

West Springfield & Hayfield Pyramids

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