
Hayfield Secondary School



Student Services Updates 12/20/21

[Urgent Update for Grades 11 and 12! Students Can Start Their College Courses Early at NOVA - \(Free Tuition!\)](#)

Do you have a junior or senior who is planning on taking college courses after graduation? The Early Online College program at Northern Virginia Community College (NOVA) may be for you. This program allows juniors and seniors the **opportunity to take up to two tuition-free courses this spring (college credit only)**.

Early Online College courses for the spring semester begin on **February 1, 2022**, and end on **April 25, 2022**. These are for college credit only and designed to jumpstart your students' college experience. Whether they are planning on going to NOVA or another college/university, the courses were selected because they meet the requirements for most of NOVA's associate degrees as well as being highly transferable as general education requirements for most colleges and universities. **The deadline is quickly approaching on January 14, 2022.**

We have attached two documents to help you better understand the benefits of the Early Online College program. The flyer and brief slideshow provide much of the same information that you will find on the [NOVA Early College website](#). In addition, the [FCPS Early College Website](#) has Frequently Asked Questions (FAQ). If you are interested in your junior or senior participating, please contact their school counselor after winter break or NOVA at dualenrollment@nvcc.edu.

[Early College Spring 2022 \(1\) \(1\).pdf](#)

[Early Online College Spring 2022 PP.pdf](#)

Save the Date - Virtual Curriculum Night January 12

- Office Clerk
- Accounting Aide
- Communications and Congressional Relations Aide
- Human Resources Aide
- Building Automation Technology Aide
- Masonry Aide
- Wood Crafter Aide
- Horticulture Plant Health Care Aide
- Horticulture Urban Forester Aide
- Laborer/Gardener Aide
- Safety and Code Compliance Aide

Email Tac@aoc.gov with any questions.

Scoliosis Fact Sheet

Sent on behalf of FCPS

What is scoliosis?

Scoliosis is an abnormal curvature of the spine. A spine affected by scoliosis has a sideways curve, making it appear more like an “S” or a “C” than a straight line. Untreated scoliosis can lead to limited motion, back pain, deformity, and in extreme cases, impaired function of the heart and lungs. Early detection and treatment may prevent scoliosis from progressing.

When should my child be screened for scoliosis?

Scoliosis most commonly occurs during the growing years, between age 10 and the time an adolescent is fully grown. Screenings should begin in early adolescence. Pediatricians should check for early signs during a routine physical exam.

What causes scoliosis?

The cause of scoliosis is unknown. Scoliosis is more common in females than males.

How is scoliosis treated?

In many cases, the curve is mild and does not require treatment. In some cases, treatment may involve bracing. Severe curves may require spinal surgery. The need for treatment is best determined by a trained medical professional.

What are the signs of scoliosis?

- One shoulder may be higher than the other.
- One shoulder blade may be higher or more prominent than the other.
- One hip appears higher or more prominent than the other.
- Unevenness of the waist.
- The spine curves sideways.
- The head is not centered over the pelvis.

If you have any concern that your child may have scoliosis, make sure that your child is screened by a health care provider. The school Public Health Nurse may provide screening for individual students at the request of the parent or guardian.

For more information and translations, visit:

<https://www.srs.org>

<https://www.fcps.edu/node/42356>

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