

Hayfield Student Services Newsletter - May 14

Flex Lessons

Check out these additional enrichment opportunities that have been shared with your students!

[Flex Lesson 2 - Study Skills!](#) This video gives 7 study skill tips that students can use for distance learning or in school in the building. The video highlights what those tips look like in practice thanks to Wendy the Wacky Wavy Woman.

[Flex Lesson 3 - Strengths Explorer!](#): This week's flex video from Student Services highlights StrengthsExplorer, a feature in Naviance Student that helps students discover their talents, learn how to develop them further, and how to find careers that are related to those strengths.

Follow the "Hayfield CareerCenter" YouTube channel (www.youtube.com/hayfieldcareercenter) for upcoming flex lessons and college/career information! Happy exploring!

Family Resource

Times are tough, and parenting (and teenager-ing!) has never been tougher! Check out these [Emotional and Mental Wellness Resources for Families](#) brought to you by the FCPS Parent Resource Center.

FCPS Senior Survey

FCPS requires every graduating senior to complete the Senior Survey, which asks questions about their postsecondary plans for Fall 2020. This mandatory survey also tells Hayfield where to send the final transcript, so it is very important to complete correctly and on time. Students should check their email for a message from Mrs. Ferguson with complete instructions. Students with last names A-Ki received this email on May 6. Students with last names Kj-Z received this email on May 8. Directions can be found here: <https://drive.google.com/file/d/1Nhyc-1-V1VDy9elknSu41cEKELGTZcTb/view?usp=sharing>. All senior surveys should be completed by Friday, May 15.

Class of 2020 Decision Day- June 1

Hayfield counselors, faculty and staff are excited to celebrate our senior class' postsecondary plans on June 1. Seniors are encouraged to wear their college/ military t-shirt, or their work uniform, and tweet a photo using the hashtags #HayfieldDecisionDay and #CelebrateYourPlan. Students may also print out a sign to hold in their photo- the fliers are [here](#). Please tag @HawkCounseling so that we see your big announcement!

Edu Futuro: Emerging Leaders Program for Summer 2020

Edu Futuro's Emerging Leaders Program: Part I supports students of immigrant, low-income and/or minority backgrounds as they progress through high school and transition into college and the professional workforce. (More information about the program: <https://edu-futuro.org/emerging-leaders-programs/#elp>) Students participate in dynamic and interactive workshops designed to help them develop leadership skills, gain college awareness, and become more involved in the community! Students will be

connected with amazing mentors who will provide guidance and support. The program will be held online from July 6-21. Students may sign up

here: <https://docs.google.com/forms/d/1WsdxJl8XbvWMfIBPIE15liNeEi57U8JNmEqeyjx-nk/edit>

Engineering: The World Is Your Oyster

The Hayfield Science Honor Society is partnering with Engineering Tomorrow, a STEM nonprofit, to give students an inside look into the field of engineering from successful engineers and nationally-recognized student researchers in a free virtual webinar on May 27th at 1:00 p.m. This webinar is appropriate for middle and high school students. Register here: <https://us02web.zoom.us/meeting/register/tZAlce-ppzMqGdHqCHvV1mDFcT119saAtsj4>.

College Application Advice from Seniors to the Class of 2021

The Hawk Writing Center will host a virtual workshop where current seniors will share their advice on college applications with the Class of 2021 on May 28 during FLEX period (10:30-11:15 a.m.). Topics include tips on staying organized, writing admissions essays, and what rising seniors can do this summer to prepare for fall applications. Juniors should sign up here: www.tinyurl.com/RisingSeniorWorkshop.

Summer Planning

Looking for something to do this summer? Here are some ideas:

- Work on something you love. Expand and develop your skills in that area – and have fun doing it.
- Use your creativity to complete a fun personal project: Complete all recipes in a cook book or write your own; learn how to knit, crochet or tat; help with a family project; help with neighbor's yard work, pet sit/walk dogs.
- Explore the opportunities listed in Naviance Student. Go to Blackboard > Naviance > Colleges Tab > Research Colleges > Enrichment Programs.
- Take a free online course (can be real college courses – be prepared to focus a bit)
- Coursera - <https://www.coursera.org/courses?query=free>
- EDx - <https://www.edx.org/>
- Varsity Tutors (virtual summer camps) - <https://www.varsitytutors.com/virtual-summer-camp-catalog>
- K12 Destination Careers Academy (tuition-free programs) - <https://www.k12.com/virtual-school-offerings/dca-summer-programs.html> (NOTE: The web-site suggests you can earn high school credit, but you must check with your counselor if this is something you really want. Not all credits will transfer to FCPS.)
- Our Kids - <https://www.ourkids.net/camp/virtual-programs>

Follow @HawkCounseling on Twitter for support and info on self care, classes, college, careers, & more!